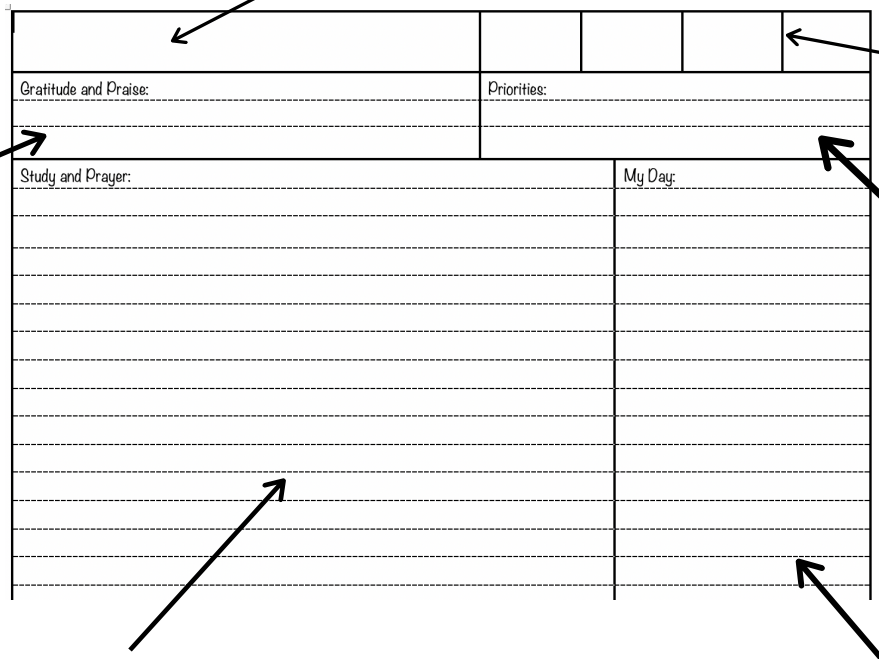
# Hello!

Thank you for choosing The Blessed Day Devotional Journal and Daily Planner. I hope it will help you organize your day and reflect on your personal devotional time. Here is a suggested way to use your daily page. Remember, this is YOUR book! Use the pages however they work best for you.

*Nici*




The date goes here.

These boxes are for recording data such as weight, weather, workouts, mood, health, or tracking your habits.

What are you thankful for? Write your praises and gratitude in this space.

It is important to prioritize your "To Do's" each day. Choose 1-3 things you want to accomplish and record them here.

This area is for your devotional time. I highly recommend starting by writing out a scripture. You may choose to use the SOAP method which is outlined in the front of the journal, or any other notes and thoughts you may want to record as you spend time with Jesus. As you journal, let the Lord speak to you. Enjoy your time with Him!

The "My Day" box is yours to use as you wish! Use it as a planner, record your happenings, make lists or treat it as a diary. It's fun to look back and remember what you did each day!

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